



THE DFL SENIOR CAUCUS

Senior Resources for help with Healthcare, drug costs, Medicare & Medicare Plan D enrollment and related issues

The Senior LinkAge™ Line [1-800-333-2433] is a free telephone information service. Staff assists with Medicare & Part D enrollment & issues, Medigap policy selection and Social Security. Staff help find solutions to many problems facing seniors. These include food/meal delivery, transportation, home care and more.

Minnesota Board on Aging [MBA] [651-431-2500 or 1-800-627-3529] www.mnaging.org is the gateway to services for seniors and their families. MBA provides information about local and regional resources and agencies. The MBA publishes Health Care Choices 2010¹ which describes in detail Medicare supplements and Medicare prescription insurance plans offered in Minnesota. The 2010 issue will be available this Fall at the MBA, the Senior Linkage Line and local libraries.

Metro Area Agency on Aging [MAAA] [651-641-8612] maaa@tcaging.org <http://www.tcaging.org/index.html> & <http://www.tcaging.org/findinghelp/seniorservices> provides information about, and contacts to, senior services including Medicare, Plan D & donut hole and Health Insurance Counseling at locations around the Seven County Metro Area. They also provide Caregiver support and employment, financial and in-home help and food assistance. The Board also offers seniors' training on how to use a computer.

Senior Partners Care (SPC) a Volunteers of America Senior Services Program¹ [612-617-7817] <http://www.voamn.org/> provides relief for low and moderate income Minnesota Medicare recipients. SPC members pay no co-payments, deductibles or other out-of-pocket costs for Medicare approved services. 2009 Program Qualifications: • must be a resident of Minnesota • Must be enrolled in Medicare Parts A and B • Income limits: individual = \$1,805 income a month (\$21,660 a year) or less; Couples = \$2,428 income a month (\$29,136) or less • Total assets of \$43,785 or less, excluding primary home and one car. Qualifications are revised each March. There is an annual administrative charge of \$29.50. Call with questions and for an application.

Seniors Rx Care¹ [1-877-828-7555] This service, sponsored for many years by the Minnesota Senior Federation, provides access to lower cost brand name and generic drugs from Canada.

Disability Linkage Link: [1-866-333-2466]) A free, statewide information and referral resource that provides Minnesotans with disabilities and chronic illnesses a single access point for all disability related questions.

Veterans Link [1-888-LinkVet or 1-888-546-5838] staff provides information on veterans' benefits, healthcare, education, and reintegration and a variety of other issues facing veterans.

¹ formerly provided or prepared by the Minnesota Senior Federation

Legal Aid Society Senior Law Project, [612-334-5970] Provides help resolving problems with health care and other issues. To find legal aid help in your community [651-228-9105] or www.LawHelpMN.org.

Legal Referral Line [651-783-5017] Formerly a Minnesota Senior Federation program directs seniors to names of attorney in their area that are willing to provide low cost legal services to seniors.

Minnesota Department of Commerce: [1-800-657-3602; 651-296-2488] The Commerce Department oversees Medicare insurance providers. If you have a problem with your insurance coverage, the Commerce Department may be able to help you resolve it.

Minnesota Attorney General Hot Line: [651-296-3353 or 1-800-657-3787] Call when you suspect fraud or deception or have contractual problems or related questions.

Center for Medicare and Medicaid: [1-800-633-4227] <http://www.medicare.gov>. CMS staff offers assistance in choosing and enrolling in Medicare Plan D and other Medicare programs, and help resolving claims. The office can also help you apply for assistance paying for Medicare Plan D.

Social Security Administration: [1-800-772-1213] www.ssa.gov/ SSA provides public information materials about the Social Security Administration and supplemental security programs, as well as information on eligibility for Medicare.

Medicare Rights Center (MRC): [1-800-333-4114] <http://www.medicarerights.org> This is the largest independent source of health care information and assistance for people with Medicare. Founded in 1989, MRC helps older adults, people with disabilities and their families find affordable health care, and deal with Medicare related problems such as denial and appeals, complaints and billing.

NeedyMeds: [1-978-281-6666] <http://www.needymeds.com/> This is a non-profit organization with the mission of helping people who cannot afford medicine or healthcare costs. The information at NeedyMeds is available anonymously and free of charge.

MinnesotaHelp.Info: (<http://www.minnesotahelp.info/public/> ON LINE ONLY
MinnesotaHelp.info is an online statewide resource database containing information on more than 12,000 agencies providing such services as health care, retirement, disability and social service information.

Join the Senior Caucus or contact us for information

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